



Goetheanum  
School of Spiritual Science

# International Anthroposophical Studies in English

2013 – 2014



Goetheanum



## Anthroposophical Studies in English

Virginia Sease, Ph.D.

### Objectives

The flexibility of the «Anthroposophical Studies in English» program permits both the beginner in Anthroposophy as well as the more experienced person to acquire new orientation and depth in the pursuit of Anthroposophy. Not only does each term focus on a major work by Rudolf Steiner, but also the student experiences Eurythmy, Speech Formation, Painting and Drawing, Clay Modeling and Singing on a regular basis. Other presentations augment the «Anthroposophical Studies» and the artistic courses in order to introduce a wide spectrum of activities and cultural impulses resulting from Rudolf Steiner's work.

### Schedule

Monday through Friday

08.00 – 09.00 a.m. Basic Study with Virginia Sease, Ph.D.

09.30 – 10.45 a.m. Artistic Courses – Speech – Painting – Drawing – Clay Modeling

11.15 – 12.15 p.m. Individual Study Projects

02.30 – 03.30 p.m. Special Themes

04.00 – 05.15 p.m. Artistic Courses – Music – Eurythmy – Singing

### Content

Basic Study with Virginia Sease centers on the following books by Rudolf Steiner:

- «Theosophy» offers an introduction to a spiritual understanding of human nature, reincarnation and what it means to live in the worlds of body, soul and spirit (Fall Term).
- «Knowledge of the Higher Worlds»: «The capacities by which we can gain insights into the higher worlds lie dormant within each one of us.» Here Rudolf Steiner describes practical steps towards awakening these capacities (Winter Term).
- «An Outline of Esoteric Science» offers insight into the vast processes of cosmic evolution and humanity's place within them (Spring Term).

### Artistic Courses

Painting – Drawing – Clay Modeling – Music – Speech – Eurythmy – Singing

### Individual Study Projects

offer the student the possibility to work on a subject of choice. This may be a theme within anthroposophy, a cultural theme, an artistic endeavor or something of a more practical nature. The other option comprises free time to deepen the various course offerings.

### Special Themes

comprise lectures on various subjects related to anthroposophy by competent persons four or five times a week.

First Term, September 30 – December 6, 2013

- Sep. 30 – Oct. 03: From Theosophy to Anthroposophy, Virginia Sease, Ph.D.
- Oct. 07 – 10: Rudolf Steiner's Medical Impulse, Seija Zimmermann, M.D.
- Oct. 14 – 17: The Language of Form and Color in the Goetheanum, Esther Gerster
- Oct. 21 – 24: Experiencing Plant-Life at the Goetheanum, Benno Otter
- Oct. 28 – 31: Rudolf Steiner's Four Mystery Dramas, Herbert O. Hagens
- Nov. 04 – 07: The Goetheanum in Context of its Surrounding Buildings, Hans Hasler
- Nov. 11 – 14: A Culture for Death and Dying, Päivi Lappalainen
- Nov. 18 – 21: The Medieval School of Chartres, Virginia Sease, Ph.D.
- Nov. 25 – 28: Trip to Chartres
- Dec. 02 – 06: Presentation of Individual Projects

Second Term, January 14 – March 21, 2014

- Jan. 20 + 21: The Miracle of a Beehive, Johannes Wirz, Ph.D.
- Jan. 22 + 23: The Social Organism of a Farm, Ueli Hurter
- Jan. 27 – 30: Hygienic Eurythmy, Christiane Rust
- Feb. 03 – 06: Light and Color: A Goetheanistic Approach, Johannes Kühn
- Feb. 10 – 13: An Artistic Appreciation of Rudolf Steiner's Carved Group, Caroline Chanter
- Feb. 17 – 20: The Significance of the Parsifal Legend, Thomas Didden
- Feb. 24 – March 06: Clay Modeling, Christian Hitsch
- March 10 – 13: The Quality of Money, Paul Mackay
- March 17 – 20: Pre-Christian Mysteries and the Mystery of Golgatha, Virginia Sease, Ph.D.
- March 24 – 27: Johann Wolfgang von Goethe and Rudolf Steiner, Douglas Miller, Ph.D.
- March 28 – 30: Trip to Weimar
- March 31 – April 04: Presentation of Individual Projects

Third Term, April 28 – July 4, 2014

- April 28 – May 02: Geometric Drawing, Oliver Conradt, Ph.D.
- May 05 – 08: Special Paintings in Florence, Italy, Virginia Sease, Ph.D.
- May 12 – 15: Experiencing the Art of Florence, Thorwald Thiersch
- May 19 – 23: Trip to Florence
- May 26 – 28: Rudolf Steiner's Meditations and Mantras, Virginia Sease, Ph.D.
- June 02 – 05: Living and Working with People with Special Needs, Rüdiger Grimm, Ph.D.
- June 10 – 12: Rudolf Steiner's Christology, Philip Martyn
- June 16 – 19: Education as an Art, Joan Sleight
- June 23 – 26: The Founding of the Anthroposophical Society at the Christmas Conference 1923/24, Virginia Sease, Ph.D.
- June 30 – July 04: Presentation of Individual Projects





### Special Excursions

Longer trips such as to Chartres Cathedral and Florence, Italy or shorter excursions to sites of historical and cultural relevance will be prepared by introductory lectures.

### Visit to Chartres Cathedral

Sculpted in stone on the exterior, modeled in brilliantly colored glass windows inside, an earthly history of humanity may be seen through the vision of the Middle Ages. The Old Testament from the story of creation up through the kings and prophets culminates in the birth of the Messiah. His life on the earth, the disciples, the events of the Mystery of Golgatha and the Last Judgment have spoken to countless people throughout many centuries. Besides the marvels of the Cathedral which was built on an ancient druidic site, we also consider significant aspects of the medieval Platonist School of Chartres.

### Sojourn in Florence

The entire city of Florence is considered a unique cultural monument filled with innumerable masterpieces of art especially from the early Christian centuries, through the Romanesque and Gothic periods and culminating in the Renaissance. To experience the immense golden mosaic ceiling of the Basilica, the frescoes of Fra Angelico in the San Marco cloister, the mighty sculpture of David by Michelangelo, the vast number of paintings by the masters of many centuries in the Uffizi Gallery and in the Pitti Palace can take the beholder on a journey through many great manifestations of human creativity. Also Florence as a city with its Ponte Vecchio over the Arno River, its many specialty shops and market places and its friendly atmosphere provides for a special experience. The trip is preceded by lectures on specific important artistic and historical aspects.

### Weekend Trip

Weimar, Germany: Discovering Aspects of Goethe's and Rudolf Steiner's biography.

### Shorter Excursions

Sonnenhof, Special School for Children (Arlesheim), Ita Wegman Klinik (Arlesheim), Lukas Klinik (Arlesheim), Painting Studio of Ninetta Sombart (Arlesheim), Painting Exhibition of Gérard Wagner (Dornach), Albert Steffen House (Dornach), Weleda (Arlesheim), Basel Cathedral and City, Theodor Schwenk Water Institute (Black Forest, Germany), Isenheim Altar in Colmar (France), Strasbourg Cathedral (France), Freiburg Cathedral (Germany) and others

The costs for the excursions will vary according to the method of travel and the duration. These costs are not included in the tuition fee.

## Anthroposophical Studies in English – 2<sup>nd</sup> Year

Virginia Sease, Ph.D. and Oliver Conradt, Ph.D.

### Objectives

The «Anthroposophical Studies in English – Second Year» is intended for students with prior knowledge of anthroposophy who would like to develop new abilities through deepening their understanding of anthroposophy in connection with an individual question. The program is suitable for students who already are familiar with Rudolf Steiner's basic theoretical works and are looking for a more extended perspective.

### Objectives of the program

- Creating a basis for an individual path of inner development
- Completing an individual study project in one of the artistic disciplines, the sciences or in philosophy
- Methods of deepening this individual question through Anthroposophical Spiritual Science and related exercises

### Content

Working on an individual study project is a central element of the 2<sup>nd</sup> Year. Members of the Goetheanum staff as well as other mentors with relevant backgrounds support students in their work. Students regularly meet with their mentors. Students present their work at the end of the study year. The other central element is a continuing text study with a focus on practicing conscious reading of the text. An emphasis will be on Rudolf Steiner's «Philosophy of Freedom». Artistic courses in speech formation, eurythmy and the fine arts complement the theoretical work as well as the individual study projects.

### Schedule

Monday through Friday

08.00 – 09.00 a.m. Basic Study with Oliver Conradt, Ph.D. and Virginia Sease, Ph.D.

• Fall Term: The Threshold to the Spiritual World

• Winter Term: Christianity As Mystical Fact

• Spring Term: The Spiritual Guidance of the Individual and Humanity

09.30 – 10.45 a.m. Individual study time and Artistic Courses: Speech – Painting – Clay Modeling

11.15 – 12.30 p.m. Mondays and Wednesdays: Inner and Outer Aspects of Nature: Oliver Conradt, Johannes Kühn, Johannes Wirz

Tuesdays: Tutorial «The Philosophy of Freedom» by Rudolf Steiner

Thursdays: Study «The Philosophy of Freedom» by Rudolf Steiner with Virginia Sease

02.30 – 03.30 p.m. Special Themes – as in «Anthroposophical Studies»

04.00 – 05.15 / 05.30 – 06.30 p.m. Artistic Courses: Music – Eurythmy – Clay Modeling – Singing



## Anthroposophical Studies in English – Advanced

Virginia Sease, Ph.D. and Further Staff Members

Advanced Anthroposophy – a New Program 2013 – 2014

The Advanced Anthroposophy Program is being designed for full time students for a whole study year and students who would like to join for just one trimester or two. Each trimester will represent a unit in itself. The program is suitable for people who cannot be away from their home or professional life for the whole academic year (September through June) or would not obtain a student visa for that period.

The requirements to enter Advanced Anthroposophy are:

- o A good working knowledge of basic books by Rudolf Steiner, such as Theosophy, Knowledge of the Higher Worlds and its Attainment, Esoteric Science – an Outline, and Philosophy of Freedom
- o An individual research project in a field of interest which the student selects.
- o The pursuit of at least one of the artistic activities offered in the Anthroposophical Studies Course, either at a fundamental or more advanced level, which may also involve some individual instruction

08.00 – 09.00 a.m. Daily work on texts by Rudolf Steiner which will be announced before the beginning of each trimester

11.15 – 12.30 p.m. twice a week: Study and practical work on themes related to the morning work

02.30 – 03.30 p.m. Special theme lectures in the three study programs

04.00 – 06.00 p.m. Artistic courses

The study trips are for all students in the three study programs.

The enrollment forms are the same as for the Anthroposophical Studies. Early enrollment is advisable if a visa for Switzerland is necessary. This applies mainly for non-European Union countries. After enrollment, guidance in the visa procedure will be offered by the Program Administration.

## General Information

Terms of admission

There are no prerequisites regarding previous education, apart from a good working knowledge of the English language. The average number of participants is limited, in order to ensure a seminar-like study environment and individual supervision in all courses. Admission is based on a written application and an interview. To study in Switzerland you will need a residence permit. Please contact the Swiss Embassy in your home country to be fully aware of the requirements for your entry clearance. You will receive detailed information with your application forms.

Study periods

Fall Term 30.09. – 06.12.2013

Winter Term 20.01. – 04.04.2014

Spring Term 28.04. – 04.07.2014

Tuition

CHF 1000 per term

Course Director: Virginia Sease, Ph.D.

Administrator: Ursula Schönholzer

Program Fees

Tuition fees for the full time programs are CHF 3000 per year or CHF 1000 for one term in the Advanced Studies Program. Students need to ensure that they have the necessary funds to pay for their study fees.

In addition basic living expenses for the duration of the stay in Switzerland will be approximately CHF 1200 per month. These funds need to be guaranteed before the beginning of the studies.

Further Information and Application Forms

If you are interested in study programs in English or German at the Goetheanum, please contact:

Goetheanum · School of Spiritual Science

Study and Further Education

Ursula Schönholzer, Administrator

Postfach, CH-4143 Dornach Tel. +41(0)6170642 20

study@goetheanum.ch www.studies.goetheanum.org

Course programs are subject to change.

## Faculty and Staff

Sylvia Baur | Speech artist, teacher, former member of the Goetheanum Stage Ensemble  
Caroline Chanter | Painter, art therapist, director of the Painting School at the Goetheanum  
Katharina Conradt | Speech artist and teacher  
Oliver Conradt, Ph.D. | Leader of the Section for Mathematics and Astronomy at the Goetheanum  
Thomas Didden | Historian and teacher, manager of the Speisehaus at the Goetheanum  
Esther Gerster | Painter, Staff member at the Goetheanum  
Rüdiger Grimm, Ph.D. | Council of International Curative Education and Social Therapy  
Herbert O. Hagens | Specialist in German language and literature studies, USA  
Hans Hasler | Teacher, former leader of the Administration of the Goetheanum building  
Christian Hitsch | Sculptor  
Ueli Hurter | Leader of the Section for Agriculture at the Goetheanum  
Johannes Kühl | Physicist, Leader of the Natural Science Section  
Päivi Lappalainen | Former staff member at the Goetheanum, engaged in questions of Death and Dying  
Anneka Lohn | Musician, conductor, lecturer  
Paul Mackay | Economist, Member of the Executive Council at the Goetheanum  
Philip Martyn | Lawyer, Co-general secretary emeritus of the Anthroposophical Society in Great Britain  
Douglas Miller, Ph.D. | Prof. of German literature and art history  
Benno Otter | Leader of the Goetheanum Gardens, Teacher for biodynamic gardening  
Michele Polito | Member of the Eurythmy Stage Group at the Goetheanum, Eurythmy teacher  
Ursula Schönholzer | Teacher, Administrator Study and Further Education at the Goetheanum  
Virginia Sease, Ph.D. | Adult educator, Member of the Executive Council at the Goetheanum  
Joan Sleigh | Teacher, Member of the Executive Council at the Goetheanum  
Thorwald Thiersch | Natural scientist and artist, staff member at the Art Section at the Goetheanum  
Sophia Walsh | Speech artist and teacher  
Christiane Rust | Therapeutic eurythmist  
Johannes Wirz, Ph.D. | Scientific staff member at the Natural Science Section at the Goetheanum  
Seija Zimmermann, M.D. | Pediatric neurologist, Member of the Executive Council at the Goetheanum

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